



July Menu - 2024



Lunch Menu
2023 -2024

Child & Family Centers of Excellence • National Centers for Learning Excellence

Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken Slider on WG Bun Mozzarella Cheese Sliced Summer Squash W/Ranch Fruit & 1% Milk	2 Beef Taco on MG Tortilla Shell or Corn Chips Shredded Cheese, Shredded Lettuce, Diced Tomato, Salsa Fresh Fruit & 1% Milk	3 Hot Roast Beef Garden Rice Steamed Carrots Fresh Fruit & 1% Milk	4 Closed	5 Mini WG Turkey Corn Dogs w/Ketchup Sweet Potato Fries/Pieces Assorted Fresh Fruit Salad & 1% Milk
8 Cheese Burger WG Bun w/Ketchup, Pickle Slices Baked Beans Fruit & 1% Milk	9 Unbreaded Chicken Strips on MG Tortilla Shell, Cheese Slices, Sliced Tomato, Sliced Cucumbers, Ranch or Mayo Fruit & 1% Milk	10 Meatball Sub on WG Bun Mozzarella Cheese Romaine Salad w/Dressing Fruit & 1% Milk	11 WG Focaccia Bread Cheese Pizza Turkey Pepperoni or Italian Crumbles Raw Vegetables w/Dip Fruit & 1% Milk	12 Sliced Ham and Cheese WG Croissant/Bun/Crackers Mayo/Mustard, Pickle Slices Cauliflower Fresh Fruit Salad & 1% Milk
15 Chicken Tenders w/Sauce WG Dinner Roll Corn On Cob/Corn Fruit & 1% Milk	16 Chicken Strips WG Macaroni and Cheese Raw Vegetables W/Dip Fresh Fruit & 1% Milk	17 BBQ Shredded Pork Broccoli W/Cheese Sauce WG Slammer Roll Fruit & 1% Milk	18 Chicken Taco on MG Tortilla Shell Shredded Lettuce, Diced Tomato, Shredded Cheese, Salsa Fruit & 1% Milk	19 Fish Sandwich W/ Cheese WG Sliced Bun Peas Mixed Fresh Fruit Salad & 1% Milk
22 Tempura Chicken Sweet Sour Sauce Broccoli Rice Pilaf Fruit & 1% Milk	23 Sloppy Joes on WG Sliced Bun Green Beans Fruit & 1% Milk	24 Special Menu Day	25 Popcorn Fish Taco Tartar Sauce MG Tortilla Shell Healthy Slaw Slaw Dressing on Side Fruit & 1% Milk	26 BBQ Chicken or Chicken Alfredo WG Flatbread Pizza w/Mozzarella Cheese Raw Vegetables w/Dip Fruit & 1% Milk
29 Chicken Slider on WG Bun Mozzarella Cheese Sliced Summer Squash W/Ranch Fruit & 1% Milk	30 Beef Taco on MG Tortilla Shell or Corn Chips Shredded Cheese, Shredded Lettuce, Diced Tomato, Salsa Fresh Fruit & 1% Milk	31 Hot Roast Beef Garden Rice Steamed Carrots Fresh Fruit & 1% Milk	1 Baked Breaded Chicken Breast WG Croissant/Sliced Bun, Sliced Cheese Mayo-Ranch, Sliced Tomato &/or Lettuce Corn Fruit & 1% Milk	2 Mini WG Turkey Corn Dogs w/Ketchup Sweet Potato Fries/Pieces Assorted Fresh Fruit Salad & 1% Milk



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**Breakfast and Snack
Menu 2023 -2024**

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>WG French Toast w/Spread Cinnamon Sugar Fresh Fruit & 1% Milk Fresh Fruit WG Crackers 1% Milk</p> <p style="text-align: right;">1</p>	<p>WG Toast W/Spread Omelet Fresh Fruit & 1% Milk Fresh Fruit WG Muffins 1% Milk</p> <p style="text-align: right;">2</p>	<p>WG Cereal Fresh Fruit & 1% Milk Raw Vegetable W/ Dip WW Crackers Water</p> <p style="text-align: right;">3</p>	<p style="font-size: 2em;">Closed</p> <p style="text-align: right;">4</p>	<p>Toasted Enriched Raisin Bread W/ Spread Cottage Cheese Fresh Fruit & 1% Milk Whole Grain Cereal Snack Mix Fruit & Water</p> <p style="text-align: right;">5</p>
<p>WG Waffles W/ Syrup Fruit & 1% Milk Yogurt - Fruit WG Cereal as Topping Water</p> <p style="text-align: right;">8</p>	<p>Scrambled Eggs W/Salsa Shredded Cheese / MG Tortilla Fresh Fruit & 1% Milk Apples, Sun / Soy Butter WG Crackers & Milk 1%</p> <p style="text-align: right;">9</p>	<p>WG Cereal Fruit 1% Milk WG Graham Style Crackers Fresh Fruit & 1% Milk</p> <p style="text-align: right;">10</p>	<p>WG Sliced Roll Chicken Sausage Patty Fresh Fruit Milk 1% Fruit Cottage Cheese Pretzels & Water</p> <p style="text-align: right;">11</p>	<p>WG French Toast Spread W/Cinnamon Sugar Fruit Milk 1% WG Muffin Fruit & Water</p> <p style="text-align: right;">12</p>
<p>WG Pancakes W/Syrup Fruit & 1% Milk Rice Cakes B-T-2's Graham Fruit & 1% Milk</p> <p style="text-align: right;">15</p>	<p>WG Croissant Mini Egg Patty Fruit & 1% Milk WG Crackers Raw Vegetable W/Dip Water</p> <p style="text-align: right;">16</p>	<p>WG Cereal w/ Fruit 1% Milk WG Cheese Its Fresh Fruit & 1% Milk</p> <p style="text-align: right;">17</p>	<p>Warm Canadian Bacon Whole Grain Bun Fruit & 1% Milk WG Crackers Fruit & 1% Milk</p> <p style="text-align: right;">18</p>	<p>MG Enriched English Muffin Jelly Fruit & 1% Milk WG Muffin Fruit & Water</p> <p style="text-align: right;">19</p>
<p>WG Waffles W/Cinnamon Sugar Spread Fruit & 1% Milk WG Cracker Sun/Soy Butter Fruit & 1% Milk</p> <p style="text-align: right;">22</p>	<p>WG Pancake Wrapped Turkey Sausage Fruit & 1% Milk Yogurt Fruit Graham Style Crackers & 1% Milk</p> <p style="text-align: right;">23</p>	<p>WG Cereal Fruit & 1% Milk Raw Vegetables W/Dip WG Crackers 1% Milk</p> <p style="text-align: right;">24</p>	<p>WW Mini Bagel Chicken Sausage Patty Fruit & 1% Milk WG Crackers Cheese Spread/Stick Fruit & 1% Milk</p> <p style="text-align: right;">25</p>	<p>WG Breakfast Bread Fruit & 1% Milk WG Graham Cracker Fruit & Water</p> <p style="text-align: right;">26</p>
<p>WG French Toast w/Spread Cinnamon Sugar Fresh Fruit & 1% Milk Fresh Fruit WG Crackers 1% Milk</p> <p style="text-align: right;">29</p>	<p>WG Toast W/Spread Omelet Fresh Fruit & 1% Milk Fresh Fruit WG Muffins 1% Milk</p> <p style="text-align: right;">30</p>	<p>WG Cereal Fresh Fruit & 1% Milk Raw Vegetable W/ Dip WW Crackers Water</p> <p style="text-align: right;">31</p>	<p>WG Pancake Turkey Links Fruit & 1% Milk WG Crackers/Pretzels Cheese Spread Fruit & 1% Milk</p> <p style="text-align: right;">1</p>	<p>Toasted Enriched Raisin Bread W/ Spread Cottage Cheese Fresh Fruit & 1% Milk Whole Grain Cereal Snack Mix Fruit & Water</p> <p style="text-align: right;">2</p>